

WARNING SIGNS

learn

look out

step up

speak out

adults

network

Do you think that your friend
is in an abusive relationship?

Does your friend...

- cancel plans with friends and family?
- constantly check their voicemail or texts?
- give up things that are important to them?
(*sports, activities, school, work*)
- seem sad, withdrawn, or insecure?
- appear to be changing?
(*appearance, grades, weight, personality*)
- make excuses for their partner's behavior?
- are constantly worried about making their partner angry?
- feel pressured to have sex, or feel like a sex object?
- seem afraid of their partner?

Your friend may be in an abusive relationship.

Does your friend...

- tell their partner what to do and how to act?
- constantly check up on their partner?
(*texting, calling, email*)
- insult or call their partner names?
- become jealous when their partner talks or hangs out with anyone else?
- physically hurt their partner in any way?
- blame their partner for any arguments or problems?
- threaten to break up with their partner and/pr accuse their partner of wanting to break up with them?

Your friend may be abusing their partner.

If you are afraid that your friend is in an abusive relationship and need more information, call 1.800.899.4000 for support and check out the Step Up section at reachma.org/pavenet

[1.800.899.4000] [www.reachma.org/pavenet]

